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Compassionately caring for you, in the comfort of your own home





Bloom & Care are brilliant. I trust them completely. They have been looking after my brother for a year now, and the service is excellent. The team lead by the manager and deputy are thoughtful, caring, kind and efficient. My brother loves them all and looks forward to their visits.

- Clients brother, Bedford



Compassionately caring for you or your loved one in the comfort of your own home

Welcome to Bloom & Care. We are a high-quality home care provider in the Bedford region of Bedfordshire.

Jessica and Kirsty, the company's owners, have a passion for the care industry that stems from their days as district nurses in the community nursing teams of Bedford and the surrounding areas.

At Bloom & Care, we remain a small personalised company to ensure clients and their families receive person centred care and support.

Care packages are tailored to the needs of the individual and support ranges from more general care services to more specialist services such as care for dementia & more specialist services such as care for dementia & palliative care and also for conditions such as Parkinson's Disease, stroke and multiple sclerosis.

Our carers are carefully selected for their compassion and ability, undergoing intensive training to provide the levels of care that clients have come to expect.



Why choose home care?

Many people face a choice between whether their loved one can stay at home or may need to go into a residential care home. It is important at these times to understand that it can be possible to provide the level of care a person needs while allowing them to stay in their own home. This is often less upsetting and is better for the person's mental wellbeing as moving into a care home can be stressful and confusing for some people.

While the choice of care for a loved one should not be made solely on financial grounds, there is often a financial benefit of choosing home care compared to moving into a care home full time.

We pride ourselves on the personal touch and the attention to the individual. Unfortunately, not all care companies are the same. When you are comparing the costs of care, you might want to look at whether the other company is:

- Making sure that it is the same person delivering care to your loved one each day.
- That the carers they employ are properly trained for the care being provided.
- That the carers can communicate easily and clearly with your loved one.
- If they are paying their carers for all the time they are at work, including travel time.



What we do

We understand that you are unique, and as such, we will create an individually tailor-made home care package - to suit you.

Our Specialisms

- PEG (Percutaneous endoscopic gastrostomy)
- Dementia & Alzheimers
- Motor Neurone Disease
- Arthritis
- Mobility & Frailty
- Multiple Sclerosis
- · Parkinson's Disease
- Stroke
- Palliative care
- End of life care

Benefits and features of our home care services:

- Uniquely tailored to cater to your needs
- Maintain your independence and lifestyle
- Professional support and peace of mind
- Responsive & flexible to your needs and wishes
- Highly trained & dedicated team of care professionals
- · Friendly team with a personal touch
- More cost effective than residential care
- Administration of medication
- Companionship
- Changing catheter bags
- Continence Assistance



Dementia & Alzheimers

Dementia affects more than 850,000 people in the UK and the figure does not seem to be slowing down. By the year 2051, around 2 million people would have been diagnosed with Dementia. These are more than just numbers; they represent the millions of families with loved ones who require special care and support to live a fulfilled life with dementia.

Establishing Dementia home care

With many years of experience caring for Dementia sufferers, we have developed a a special way of caring for your loved ones in a unique and personal way, ensuring they receive the best possible emotional and physical support.

Our relationship-centred approach enables our care givers to provide personalised care that:

- Helps your loved one remain safe at home
- Builds confidence and encourages engagement
- Can provide nutritious meals and mealtime activities to encourage healthy eating
- Creates opportunities for social interaction
- Provides stimulating activities
- · Builds self-esteem
- Supports the family to help you take a break from some caring responsibilites



Personal Care

To us, it's personal. Whether it is helping you with personal hygiene, or keeping well and keeping active, all are important to your wellbeing, and we have every element of living a fulfilled life covered.

The benefits of Personal Care

Having support with personal care, whether it's help with dressing, bathing, or assistance with meals and medication, can make a big difference to your quality of life. We understand that personal care can be sensitive to each individual. That's why our professional carers are discreet and take time to build a close rapport with our clients to make sure it is a more individual and personal experience.

Different people have different needs and we adapt our personal care services to suit your specific requirements. Our CAREGivers are trained to provide care with dignity and respect.

Our care and support also takes into account other things such as health conditions or the frailties associated with ageing and we can offer care at home services tailored for those living with life changing or long-term illnesses such as dementia, Parkinson's and other conditions.

As with everything else we offer, our personal care services are tailored to you and your wishes.



Companionship Care

Companionship care provides companionship and friendship at a time when it is most needed, aiming to reduce or prevent loneliness in a person who might otherwise become isolated.

Varying from one-two a day to just a few hours a week, it can have a huge impact on the day-to-day outlook and positivity of someone who would otherwise be totally alone.

Our companionship care assistants tailor their activities to meet you or your loved one's needs and can assist with simple tasks, playing games perhaps, and encouraging suitable activities away from the home, if appropriate.

Our services can include the following:

- A bit of company
- · Running errands
- Hobbies & social activities
- · Attending groups & clubs together
- Driving and accompanying you out and about
- Help at home
- Help with technology
- Light housekeeping
- Chores around the house
- Preparing meals
- Socialisation and entertainment
- Communicating with family members



Contact us

We understand that making the decision about whether home care is right for you or your loved ones can be difficult. We're here to help. We hope that information on this site will help answer some of your questions, but we know it's only a start. So, please contact us and we'd be delighted to discuss your needs in more detail.

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We are voted 5 stars on homecare.co.uk, the UK's leading home care review website.

Read all of the reviews by clicking the 'Top 20 home care' logo below.











